



Quassia Chips

Benefits and uses: Soothes gastric upsets, indigestion and acute dyspepsia and is believed to lessen putrefaction in the stomach and prevent the formation of acid substances during the digestive process, lowers fever.

Information: Herbs/Nutritionals/Medicinals can be very strong, consequently, if each one is not tailored to your specific needs, then you can risk more harm than good. This information is meant to be used by your VHC Medical Team and personal Physician as they build your Total Health Plan. Never attempt to adjust your prescribed medications and/or Natural Treatments without your physician's and Medical Team's knowledge and guidance. Since herbs/nutritionals and medications can interact with each other, it is always advisable to consult with your health care provider and The Vibrant Health Community at www.VibrantHealthCommunity.com (or call 1-866-378-8253) before starting or changing your program.

Details

Quassia is a simple, powerful bitter that is an old-time tonic for the digestive system. It is used in Europe to stimulate the appetite and is also said to soothe gastric upsets, indigestion and acute dyspepsia. Quassia is thought to generally tone up a rundown system, which may also be very helpful to convalescents who are recovering after illness.

Quassia is a powerful, simple bitter and stomachic that is widely used to support a healthy digestive system. It has been used as an effective tonic that soothes gastric upsets, indigestion and acute dyspepsia and is believed to lessen putrefaction in the stomach and prevent the formation of acid substances during the digestive process. It contains extremely bitter chemical substances known as quassinoids, the major one being quassin, which settles nausea. Quassia is also said to stimulate the production of stomach secretions (as well as those of the liver, kidneys, gallbladder and intestines), which also help to improve digestion. It has long been used as a reliable way to stimulate a flagging appetite and may be helpful in treating

anorexia. It is particularly valuable in cases of convalescence and general debility after acute disease, as well as act as a tonic to tone up a rundown system.

As a febrifuge, Quassia is said to effectively lower fevers. Quassia has been used for centuries as an effective vermifuge, an agent that kills and expels worms in the intestines (especially roundworms) and nematodes. Used externally as a lotion, it kills parasites, such as lice and as a hair rinse for dandruff.

Many people claimed that Quassia was a cure for drunkenness because it destroyed one's appetite for alcohol. In some studies, another extract of the resin, quassamarin, has been reported by researchers to be of possible value in the fight against leukemia.

Contraindications:

Quassia should not be taken in large amounts (many times the recommended dosage), as it may act as an irritant and produce vomiting.